

Welcome to YMCA leading Learn to Swim program

- Term 4 program starts on Monday the 8th of October for 10 weeks.
- Classes do not automatically roll over from the previous term and are subject to change at YMCA discretion.
- Bookings and payment are essential to secure your child's spot.
- 10 week term \$145.00 + admin fee \$5.00



After school program

Levels	Class Information
OCTOPUS	Classes focus on water safety and an introduction to the aquatic environment. This level is for first-time swimmers or children that have just graduated from our infant program and are swimming for the first time without a parent or carer in the water.
SARDINE	Classes focus on water safety, introduction to freestyle and backstroke.
SALMON	Classes focus on water safety, personal survival skills, freestyle with breathing, and backstroke. Introduction to survival backstroke.
TUNA	Classes focus on water safety, personal survival, freestyle, backstroke and survival

Infant Program

Our infant swimming program is conducted by our specially qualified and trained Infant Swimming Teachers. We aim to provide a safe and informative aquatic education experience for the parent and child. Children attend with a parent or carer for a stimulating movement and play experience with opportunities to explore and develop their physical abilities and social interaction in an aquatic environment.

PERIWINKLE	6 months—24 months	Maximum 10 students per class
MINNOW	24 months—36 months	Maximum 8 students per class
TADPOLE	36 months—48 months	Maximum 4 students per class

Dolphin Program

Swimmers must have completed TUNA level.

Levels	Class Information
JNR Dolphin	Classes focus on stroke correction, freestyle, backstroke, survival backstroke, breast-stroke, and butterfly. Introduction to all turns and competitive starts & finishes. Also, water safety, rescue & personal survival, skills.

Morning Class Timetable

DAY	Teacher	9.00am	9.30am	10.00am	10.30am	11.00am
Monday	Nikki	Periwinkle	Minnow	Tadpole	Tadpole	
Tuesday	Mel	Adults	Minnow	Tadpole	Tadpole	Private
Thursday	Mel	Periwinkle	Minnow	Tadpole	Tadpole	
Friday	Brooke	Periwinkle	Minnow	Tadpole	Tadpole	Private
Saturday	Mel	Periwinkle	Minnow	Tadpole	Tadpole	
	Brooke	Tuna	Octopus	Sardine	Salmon	



Afternoon Class Timetable

DAY	Teacher	3.30pm	4.00pm	4.30pm	5.00pm	5.30pm
Monday	Brooke	Salmon	Octopus	Private	Salmon	
	Kate	Tuna	Sardine	Tuna	Private	
	Cheryl	Octopus	Salmon	Sardine	Tuna	
	Brad	Jnr Dolphin (3.30pm to 4.30pm)				
Tuesday	Cheryl	Tuna	Salmon	Tuna	Salmon	
	Brooke	Octopus	Sardine	Octopus	Private	
	Deanna	Sardine	Octopus	Salmon		
	Brad	Jnr Dolphin (3.30pm to 4.30pm)				
Wednesday	Brooke	Sardine	Salmon	Octopus	Sardine	
	Brad	Sardine	Octopus	Tuna	Private	
Thursday	Kate	Octopus	Octopus	Sardine	Private	
	Deanna	Sardine	Tuna	Octopus	Private	Private
	Cheryl	Jnr Dolphin (3.30pm to 4.30pm)				
Friday	Carly	Salmon	Octopus	Octopus	Tuna	
	Deanna	Sardine	Sardine	Private	Salmon	
	Brooke	Tuna	Private	Private	Sardine	

YMCA Learn To Swim Program

Enrol your child into Term 4 lessons at WIRAC and pay just \$145.00 plus Admin fee \$5.00 for the term. Term 4 program starts on Monday the 8th of October to Saturday the 15th of December for 10 weeks.

Each class has a limited number of spots, so please book early.

Booking and payment are essential to secure your child's spot

Classes do not automatically roll over from the previous term and are subject to change at YMCA discretion.

SQUAD

Students must have completed Dolphin level and/or must be able to complete a 100m medley in under 3 minutes.

Lessons are on a casual basis at \$14.00 per session. (Bookings not necessary). Ask reception for more details

Our Teachers

All our Teachers hold well renowned Nationally accredited Austswim or Swim Australia Teacher of swimming and water safety certificates along with current CPR and working with children checks.

All teachers delivering infant classes hold additional specialised qualifications.

Our teachers regularly undergo training and attend professional development workshops to ensure their skills are at the highest level.

Private Lessons (1-2 per class)

30 minute private lessons are available on request. Private lessons have a maximum of 2 students. As reception for more details.

Students with high needs

More than just swimming lessons, the YMCA program offers classes for participants who have learning difficulties, are intellectually and/or physically challenged, or assessed as requiring a special needs program. Our lessons are conducted in an encouraging and social atmosphere with a specially qualified and experienced swimming teacher.

Our High Needs program is designed specifically to meet the individual students needs and experience. Classes may be run as a specifically designed group class with a maximum ratio of one teacher to four participants, a one-to-one class (based on physical ability), or as part of a group class with a carer to assist, under direction of swim teacher.

Adult LTS

A lesson designed for adults with little or no swimming experience at \$14.50 per session.

Classes focus on overcoming fear of the water, gaining water confidence, floating, kicking and



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WIRAC Learn To Swim



Learn to swim this Term
Enrol Now: 07 4661 7955



Term 4 - 2018

Commences the 8th October

