

Welcome to YMCA leading Learn to Swim program

- Term 4 program starts on Tuesday the 3rd of October for 10 weeks.
- Classes do not automatically roll over from the previous term and are subject to change at YMCA discretion.
- Bookings and payment are essential to secure your child's spot.
- 10 week term \$145.00
- **After School Program**

Levels	Class Information
OCTOPUS	Classes focus on water safety and an introduction to the aquatic environment. This level is for first-time swimmers or children that have just graduated from our infant program and are swimming for the first time without a parent or carer in the water.
SARDINE	Classes focus on water safety, introduction to freestyle and backstroke.
SALMON	Classes focus on water safety, personal survival skills, freestyle with breathing, and backstroke. Introduction to survival backstroke.
TUNA	Classes focus on water safety, personal survival, freestyle, backstroke and survival backstroke. Introduction to breaststroke and butterfly.

• Infant Program (6 months – 3.5 years)

Our infant swimming program is conducted by our specially qualified and trained Infant Swimming Teachers. We aim to provide a safe and informative aquatic education experience for the parent and child. Children attend with a parent or carer for a stimulating movement and play experience with opportunities to explore and develop their physical abilities and social interaction in an aquatic environment.

PERIWINKLE	6 months – 24 months	Maximum 10 students per class
MINNOW	24 months – 36 months	Maximum 8 students per class
TADPOLE	36 months – 48 months	Maximum 4 students per class

• Dolphin Program

Swimmers must have completed TUNA level.

Levels	Class Information
Dolphin (Mini Squad)	Classes focus on stroke correction, freestyle, backstroke, survival backstroke, breaststroke, and butterfly. Introduction to all turns and competitive starts & finishes. Also, water safety, rescue & personal survival, skills.

Morning Class Timetable

DAY	Teacher	9.00am	9.30am	10.00am	10.30am	11.00am
Monday	Nikki		Periwinkle	Minnow	Tadpole	Tadpole
Tuesday	Mel	Adults	Periwinkle	Minnow	Tadpole	Tadpole
Thursday	KP		Periwinkle	Minnow	Tadpole	Tadpole
Friday	Mel		Periwinkle	Minnow	Tadpole	High Needs
Saturday	Nikki	Tadpole	Periwinkle	Minnow	Tadpole	
	Deanna	Octopus	Salmon	Sardine	Tuna	

Afternoon Class Timetable

DAY	Teacher	3.00pm	3.30pm	4.00pm	4.30pm	5.00pm	5.30pm
Monday	Brooke		Salmon	Tuna	Octopus	High Needs	
	Brad	High Needs	High Needs	Sardine	Tuna	High Needs	
	Mel		Octopus	Salmon	Sardine	Salmon	
	Cheryl	Jnr Dolphin (3.30pm to 4.30pm)					
SQUAD (3.30pm to 5.00pm)							
Tuesday	Cheryl		Tuna	Salmon	Tuna	Salmon	
	Brooke		Octopus	Sardine	Octopus	Private	
	Brad		Sardine	Tuna	Salmon	Sardine	
	Mel	Jnr Dolphin (3.30pm to 4.30pm)					
SQUAD (3.30pm to 5.00pm)							
Wednesday	Anthony		Tuna	Salmon	Octopus	Sardine	
	Carly		Sardine	Octopus	Tuna	Salmon	
Thursday	Carly		Octopus	Salmon	Octopus	Sardine	Private
	Anthony		Sardine	Tuna	Salmon	Tuna	
Friday	Brooke		Salmon	Octopus	Octopus	High Needs	
	Deanna		Sardine	Sardine	Tuna	Salmon	



YMCA Learn to Swim Program

Enrol your child into Term 4 lessons at WIRAC and pay just \$145 for the term. Term 4 program starts on Tuesday the 3rd of October to Saturday the 9th of December for 10 weeks.

**If you were enrolled in Term 3 you qualify for a 10% discount !*

Each class has a limited number of spots, so please book early.

Booking and payment are essential to secure your child's spot.

Classes do not automatically roll over from the previous term and are subject to change at YMCA discretion.

Our Teachers

All our Teachers hold well renowned Nationally accredited Austswim or Swim Australia Teacher of swimming and water safety certificates along with current CPR and working with children checks.

All teachers delivering infant classes hold additional specialised qualifications.

Our teachers regularly undergo training and attend professional development workshops to ensure their skills are at the highest level.

Can't find a suitable class?

If all our classes have filled or there is more demand for a certain level, we may add classes and/or teachers to the above timetable. If you cannot find a day or time that suits. Please let us know. We do still recommend booking for an alternate class just in case we are not able to add classes. Please see reception to be placed on our wait list.

Students with high needs

More than just swimming lessons, the YMCA program offers classes for participants who have learning difficulties, are intellectually and/or physically challenged, or assessed as requiring a special needs program. Our lessons are conducted in an encouraging and social atmosphere with a specially qualified and experienced swimming teacher. Our High Needs program is designed specifically to meet the individual students needs and experience. Classes may be run as a specifically designed group class with a maximum ratio of one teacher to four participants, a one-to-one class (based on physical ability), or as part of a group class with a carer to assist, under direction of swim teacher.

Private Lessons (1-2 per class)

30 minutes private lessons are available on request. Private lessons have a maximum of 2 students.

Adult LTS

A lesson designed for adults with little or no swimming experience. Classes focus on overcoming fear of the water, gaining water confidence, floating, kicking and breathing techniques.

Warwick Indoor Recreation & Aquatic Centre

Contact:

29 Palmerin St, Warwick 4370

(07) 4661 7955

WIRAC Learn to Swim



Term 4 - 2017

